

REGIONAL COACHING ACADEMY

Powered by High Performance Tenpin Coaching

3 weekends of coaching by
fully qualified and **DBS checked** coaches

featuring the latest technology
and training tools



 **TORCH**
LANE TARGETING LIGHT

Available in a centre near you in 3 regions
NORTHERN, CENTRAL & SOUTH

See flyers for more info and how to book

- HEALTHY LUNCH & DRINKS
- ACADEMY SHIRT
- EASY PAYMENT PLAN

REGISTER VIA THIS LINK <https://form.jotformeu.com/71932771684365>

WHEN?

WHERE?

WEEKEND ONE

Saturday 7th &
Sunday 8th October
2017

WEEKEND TWO

Saturday 6th &
Sunday 7th January
2018

WEEKEND THREE

Saturday 5th &
Sunday 6th May
2018

NORTH

Go Bowling Shipley

Market St, Shipley BD18 3QD
01274 583330

CENTRAL

Go Bowling Dunstable

Court Drive, Dunstable LU5 4JD
01582 472727

SOUTH

MFA Yeovil

Yeo Leisure Park, Old Station Way,
Yeovil BA20 1NP
0843 290 8945

Times may vary by venue.
Full details will be given on registration

Places are limited to the first 36 bowlers
in each region.

Please book early to avoid disappointment!

Please use this link to make full/initial payment
and set up payment plan:

<https://form.jotformeu.com/71932771684365>

Why regional?

Following on from the great success of the NAYBC academy it is now time to offer Academy places to bowlers at an earlier stage of their development.

STAGES 3-7 OF THE BTBA BOWLER DEVELOPMENT PROGRAM.

The objective is to run 3 weekends across the 3 main regions of the country, placing the centres as close as we can to the bowlers, cutting down on the travel time while at the same time giving bowlers and parents the choice of staying in hotels not the necessity to.

Or if you do have to, for 3 nights over the term of the sessions not 5.

Having the training days back to back enables the players to learn more quickly.

Spacing them approx. 3 months apart throughout the season allows time for practice in between sessions and more importantly to use their new skills during tournament play.

We will ensure the same standard and knowledge levels for all bowlers and the Academies will form part of the overall BTBA coaching plan of the future.

We will also strive to achieve the Sport England recommendation of 1 coach per 6 students wherever practical.



In this first year we will use the BTBA JTE and YTE Tour Ranking results as a guide to average requirements.

- Age limit U22 on Jan 1st 2019
- Boys 130 – 170 maximum
- Girls 120 - 160 maximum

If you feel your child could benefit but isn't in the average brackets above please contact andy.penny@btba.org.uk

Look out for details of the National Academy for higher averages coming soon.

What will we provide?

There will be 6 days of coaching featuring the latest coaching techniques and training tools:

- Physical game
- Approach and release training
- Strategy
- Ball choices
- Spare system
- Competitive thought processes
- Thinking the right things in the right way

All our coaches are fully qualified and hold an enhanced DBS certificate and are insured under the BTBA Insurance scheme.

Foundation Level Coaches will deliver the courses and will be overseen by a **Development Coach** wherever possible.

A healthy meal option

This is an important part of an athlete's development. Once you are registered we will provide menu options and contact details for each of the venues to discuss dietary requirements.

How much will it be?

In order to bring you the best possible Academy experience including the following:

- ETBF trained coaches
- Latest coaching tools
- Academy shirt
- Healthy option food and drinks
- Personalised training plans
- 6 full days of training

We have set up the following easy payment plan:

- £90 initial payment by September 30th 2017
 - Then 7 monthly payments by direct debit or PayPal of £30
 - Final payment by 30th April 2018
- OR
- A one-off payment of £300

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